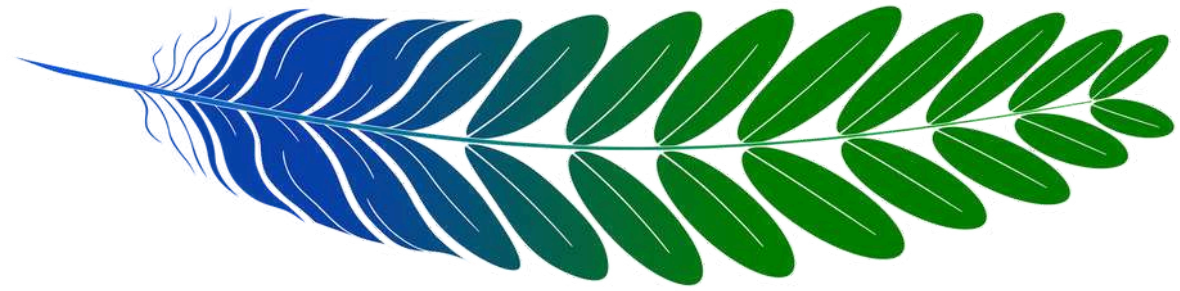


FEATHER LEAF INN



Retreats



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INTRODUCTION

Welcome to Feather Leaf Inn

We specialize in oceanfront accommodations with beautiful, healthy, and delicious meals. We are here to make your retreat planning and marketing efficient while caring for you and your attendees.

With convenient flights to the Caribbean and no passport necessary for U.S. citizens, Feather Leaf Inn provides an exotic escape and a welcoming atmosphere for growth and exploration.

We provide a large and dynamic space as well as intimate settings. You will have access to 19 acres of historic buildings, coastline, open-air classroom spaces, and forest right on the Caribbean Sea in St. Croix. Feather Leaf Inn is a perfect setting for small groups of up to 35 people.

Year after year Feather Leaf Inn is the place to build your retreat community.





Shipwreck diving

Coral gardens

Swimming Access

Coral gardens

Ocean House

300 ft.

Main House

Shoreline with marine fossils

Dragonfly House

120 ft.

Swimming Pool

Fruit Trees

Waterfall Garden

Heritage Grove

Swings

Tree Nursery

Giant Baobab Trees

Explore the property

Take a stroll through the young fruit tree forest to the towering saman tree and rest beneath its outstretched branches.

Feel the ocean breeze and watch the sunset from the Main House porch and stretch out in the great room with a relaxing yoga session.

Go for a dip in the salt water pool or snorkel to visit our coral restoration garden. There's plenty to explore within this piece of paradise.



Pick your classroom

With indoor and outdoor locations, there's plenty of space to hold sessions. Here are some of our retreat leaders' favorite spots.

1

Heritage Grove

Under the 100ft. canopy tree. Tables, chairs, and yoga equipment available.

Capacity: 80 people



2

Waterfall Garden

Located near the pool, available for morning and evening sessions.

Yoga capacity: 40 people



3

Great Room

Located in the Main House, this room is incredibly versatile to meet your needs. It can be used for movement & yoga classes, filled with cozy couches for intimate sessions, or staged for presentations. We provide a high quality projector, Bluetooth speaker, microphone, tables, and yoga equipment. Room size: 30' x 40'.

Seated capacity: 10-40 people

Yoga capacity: 20-25 people



Pick your classroom

4

Ocean View Gallery Porch

Under the 100ft. canopy tree. Tables, chairs, and yoga equipment available.

Dining Capacity: 40 people

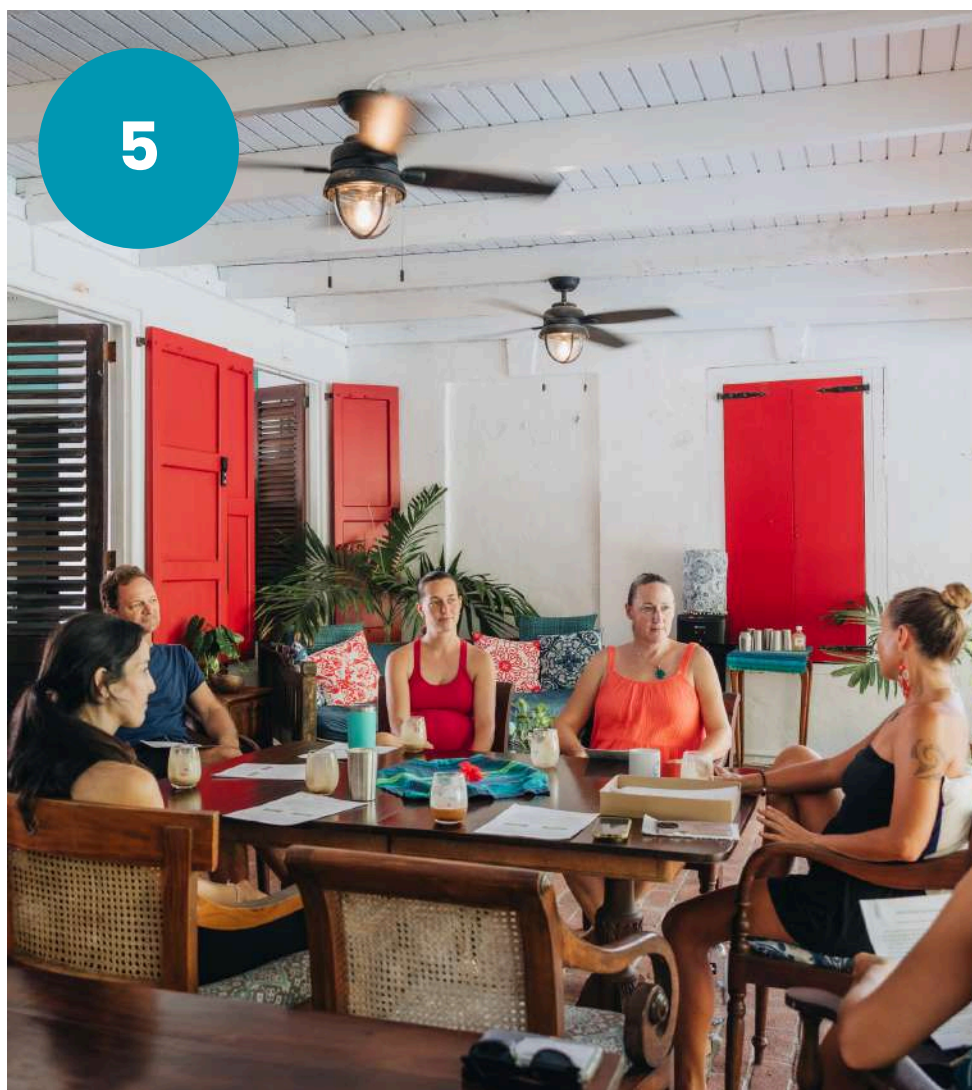


5

Garden Porch

Great for breakout sessions, a covered porch next to the pool with a beautiful view of the backyard.

Capacity: 25 people.



6

Lounge

Next to the Great Room, this multi-purpose room is perfect for intimate breakout sessions. Room size: 20' x 40'



Property Amenities

- Oceanview gallery porch for classes and dining
- Yoga room/classrooms
- 100% solar powered
- Salt water pool
- Beach towels, shampoo, conditioner, hair dryers
- Great WiFi
- Coastal swimming access
- Dark night skies for stargazing
- Acres & acres of natural settings & outdoor classroom spaces
- 100% plant-based catering
- Bicycles, snorkeling gear, and beach chairs
- 25 minutes from the St. Croix airport (STX)





Retreat

ACCOMMODATIONS

Feather Leaf Inn



Ocean House

King Suite
w/2 Twin Beds

Dragonfly House

3 Double Queen Rooms

Main House

2 Queen Rooms w/AC
2 Queen Rooms w/fans
Sea View King Suite (1 King
+ 2 twin beds)






ACCOMMODATIONS

Queen Rooms

Our nine guest accommodations include 7 queen rooms located in the **Dragonfly House** and **Main House**:

- **2 Queen rooms w/AC:** Each has one queen bed & a day bed, plus A/C
- **2 Queen rooms w/fans:** Each has one queen bed & an optional twin bed
- **3 Double Queen rooms:** Each has two queen beds

Every room at Feather Leaf Inn has a private bathroom.



ACCOMMODATIONS

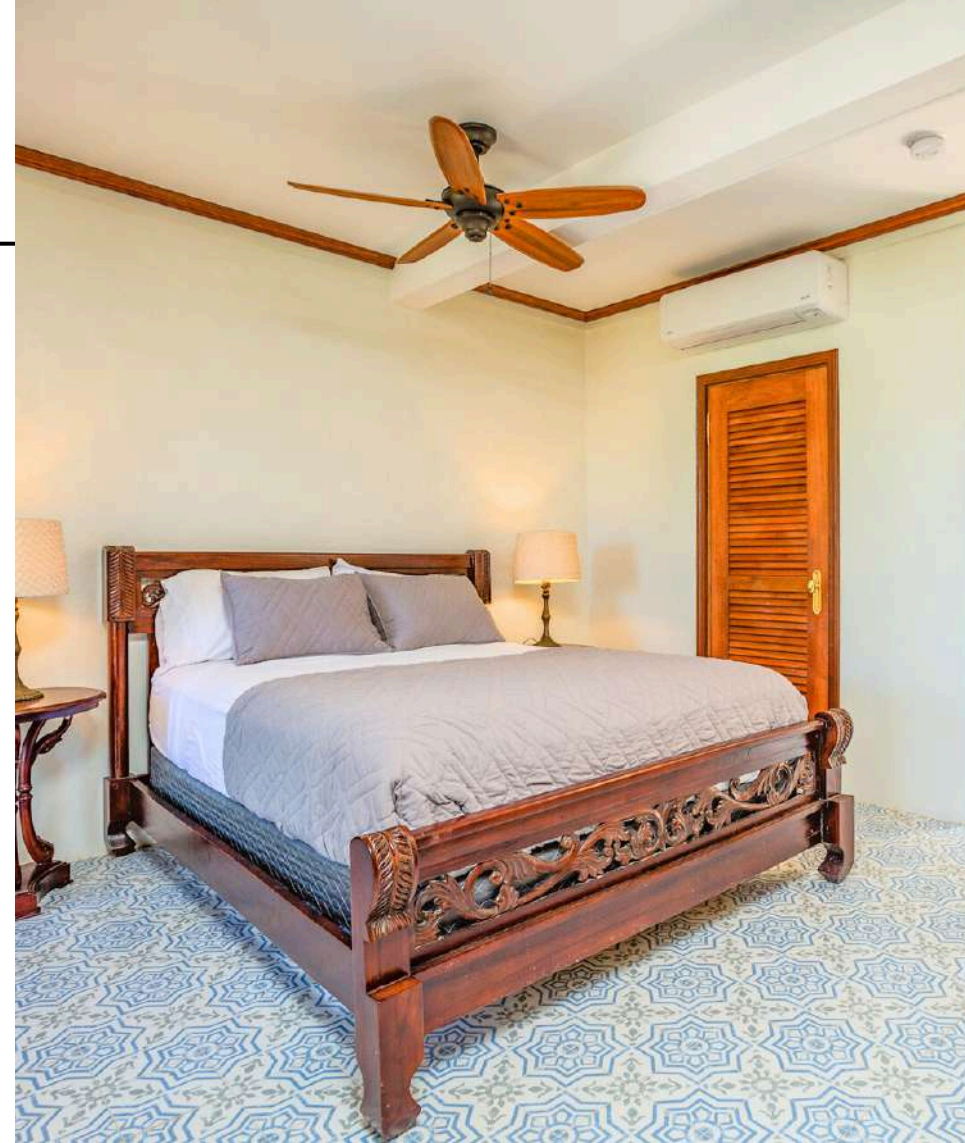
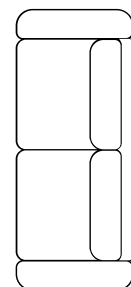
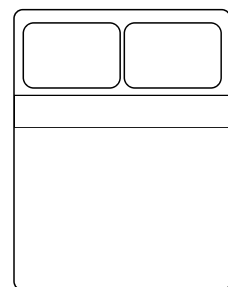
Queen Rooms w/AC

Located in the Main House

These rooms have air conditioning, west-facing lānais with hammocks, and direct access to the backyard and pool area. Named Bay Rum and Saman, these mini-suites have partial ocean views and efficiency fridges. The day bed is great for relaxing in the cool air, and as it is slightly smaller than a twin bed, it can also accommodate an extra person if desired.

Occupancy options:

- Capacity: 1-3 guests
- Beds: queen bed + day bed



ACCOMMODATIONS

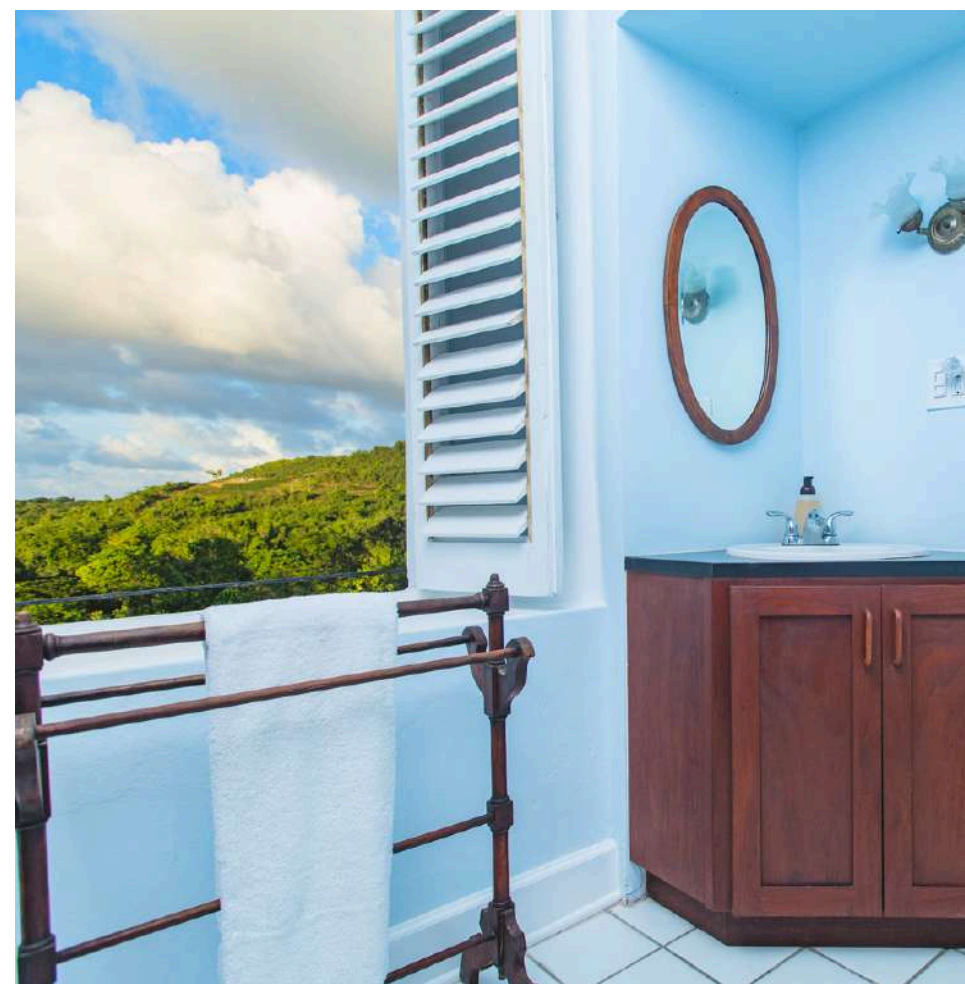
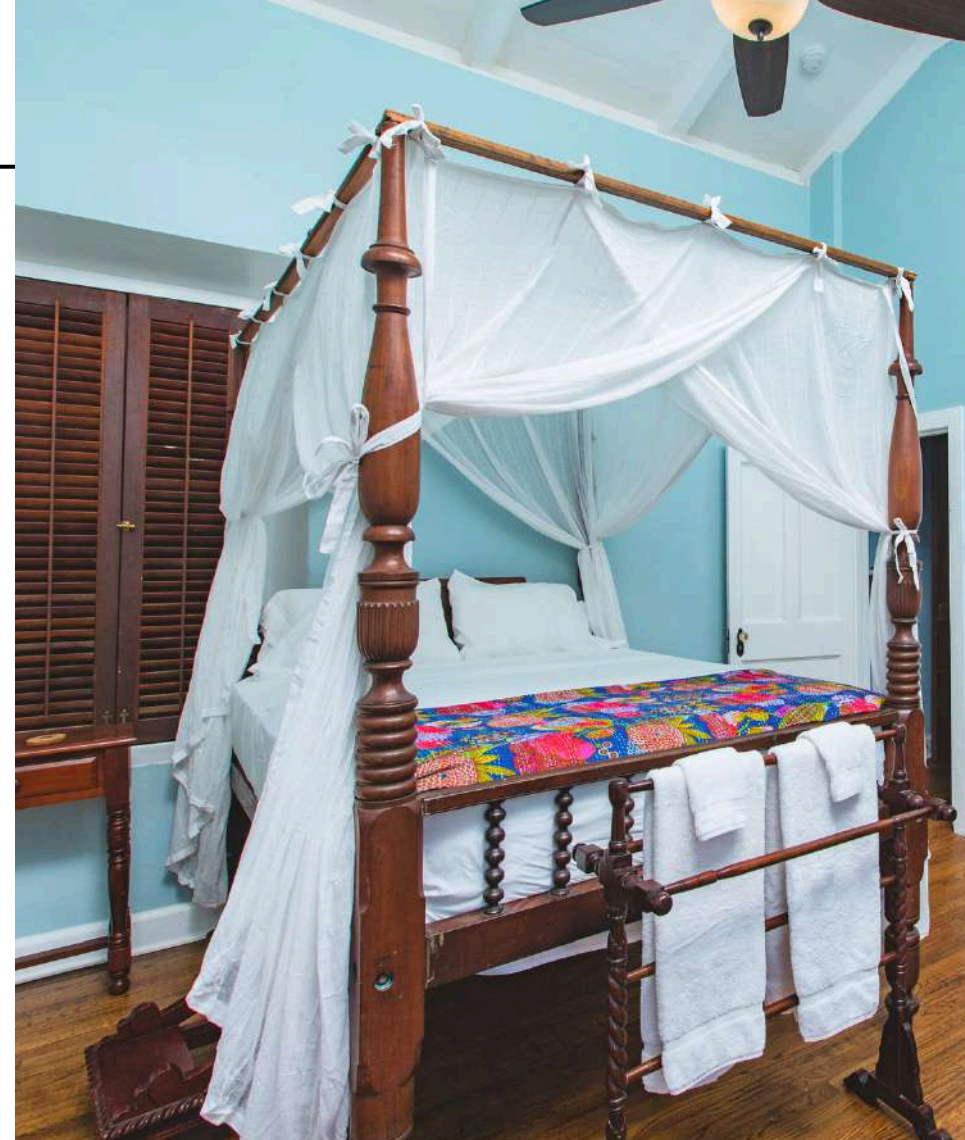
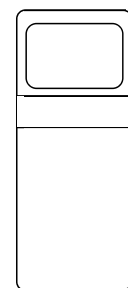
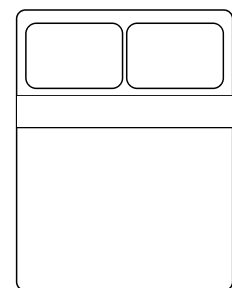
Queen Rooms w/fans

Located in the Main House

Close to the living room and main porch, these rooms all have high-powered ceiling fans and some of the most stunning views of the ocean and surrounding natural beauty. The original mahogany louvered windows provide fresh ocean air, and the rooms are adorned with a four-post queen bed and elegant mosquito net. These rooms are closest to the central activity of the Main House. They are the Mahogany and Tamarind rooms.

Occupancy options:

- Capacity: 1-3 guests
- Beds: queen bed + twin bed



ACCOMMODATIONS

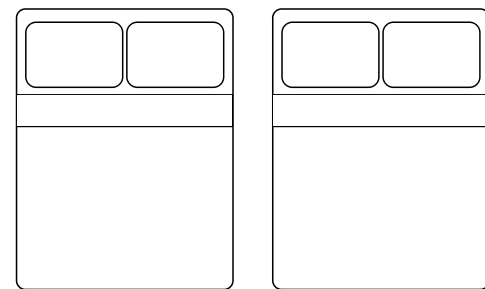
Double Queen Rooms

Located in the Dragonfly House

Each room has two queen beds and its own private ocean-view balcony. These rooms are naturally ventilated with fans and screens on all the doors and windows. Dragonfly House guests enjoy the proximity to the sea while still being close to central activities. Two sets of historic stairs connect guests to the Main House where classes are held and meals are served. The Dragonfly House has three private rooms & a shared guest kitchen.

Occupancy options:

- Capacity: 1-4 guests per room
- Beds: 2 queen beds



A decorative background image featuring a close-up, low-angle view of several palm fronds. The fronds are large and fan-shaped, with a prominent central vein and numerous smaller veins radiating outwards. The color is a vibrant green, and the lighting creates strong shadows and highlights, giving the image a textured, almost abstract appearance. The fronds are arranged in a way that they seem to be reaching upwards and outwards, creating a sense of height and growth.

ACCOMMODATIONS

King Suites

These larger accommodations have a king bed and multiple twin beds, living areas, fridges, and plenty of space to stretch out. Great for groups of 3+, these rooms offer fantastic ocean views.

ACCOMMODATIONS

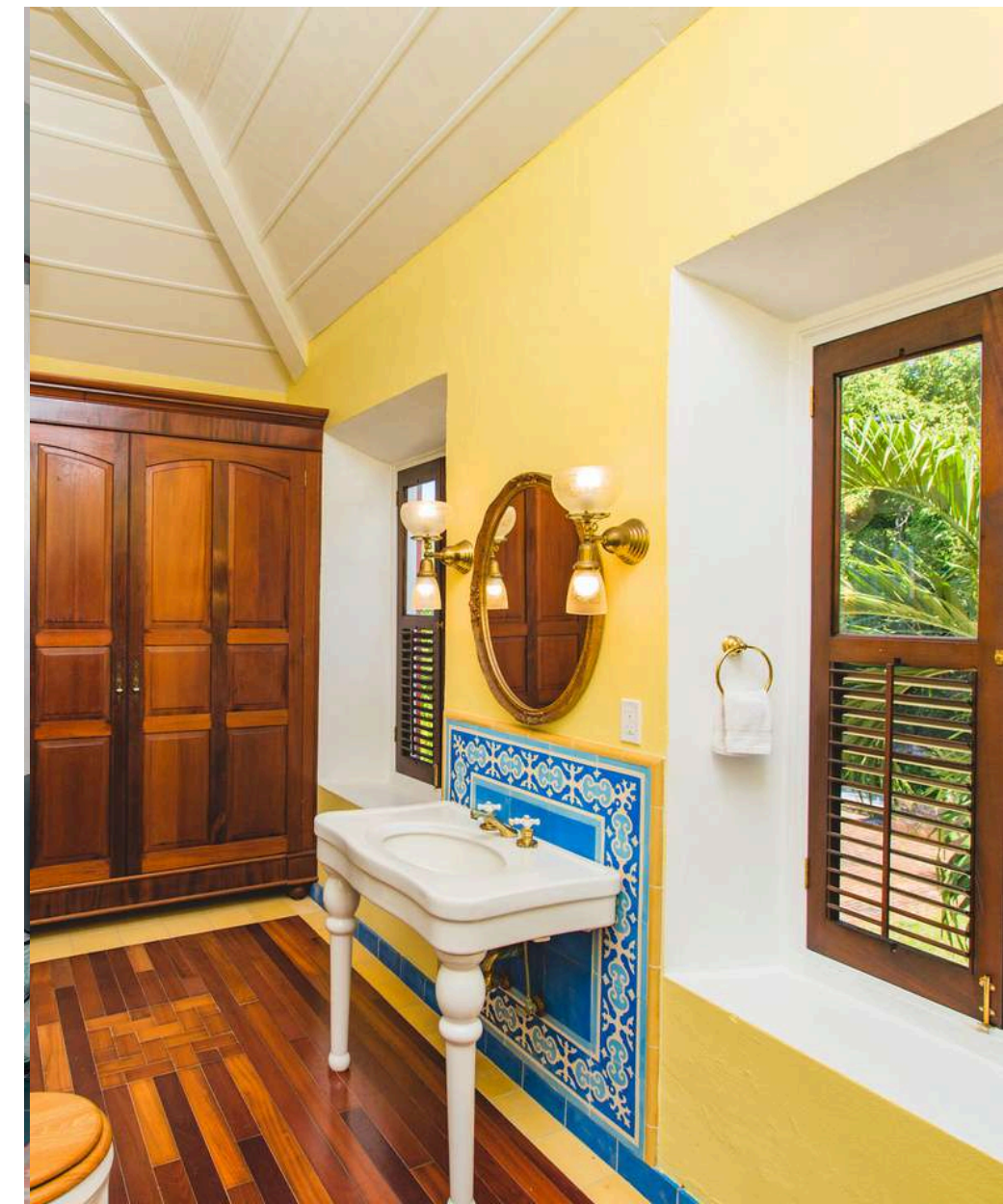
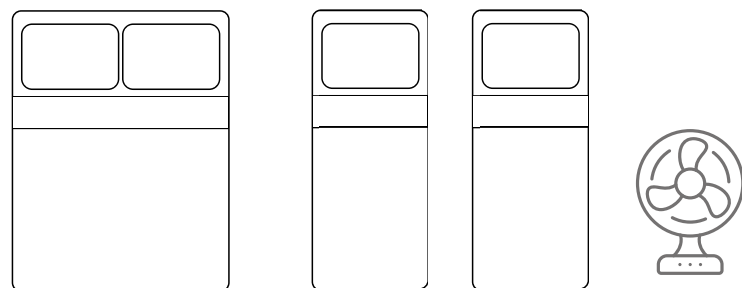
Sea View Suite

Located in the Main House

This top-floor suite has a sitting room, charming bathroom, kitchenette, and panoramic views of the Caribbean Sea. Cooled by the ocean breeze and fans, the Sea View Suite is located in the Main House upstairs from the pool, dining, and classroom spaces. With a king bed and up to 4 twin beds, this suite can sleep up to 6 guests.

Occupancy options:

- Capacity: 1-4 guests
- Beds: king bed + 2 twin beds



ACCOMMODATIONS

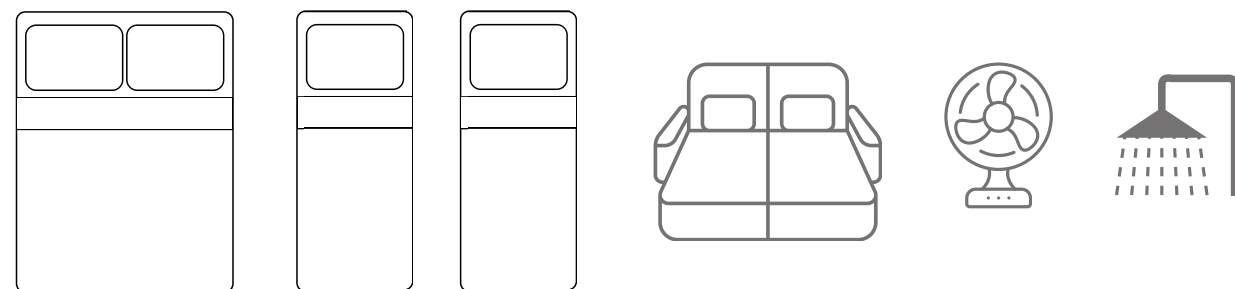
Ocean House

The Ocean House is a historic stone-arch carriage house recently renovated as a stand alone one-bedroom (1000+ sq. ft) cottage. The house has a spacious ocean-view deck, full kitchen, extra outdoor shower, and beautiful views from the living room and bedroom. Best suited for ocean lovers, the bay is a three minute walk down the hill.

The Ocean House is only available for retreats when all other accommodations are filled.

Occupancy options:

- Capacity: 1-5 guests
- Beds: 1 king, 2 twin, pull-out sofa bed





ACCOMMODATIONS SUMMARY

Seven Queen Rooms:

- **2 Queen rooms w/AC:** Each has one queen bed & a day bed
- **2 Queen rooms w/fans:** Each has one queen bed & an optional twin bed
- **3 Double Queen rooms:** Each has two queen beds

Two Kings Suites:

- **Sea View Suite:** A very large two-room suite with a spacious bathroom make up the entire upper floor. King bed and up to four twin beds. Note that there is another toilet just down the stairs from the suite.
- **Ocean House:** This 1,000 square foot house has one large bedroom with a king bed and two twin beds. There is also a pull-out queen sofa bed in the living room.

Every room at Feather Leaf Inn
has a private bathroom.



ACCOMMODATIONS

Assign rooms easily

Use our planning template to easily fill rooms with retreat participants and estimate total costs.

[Click here to access.](#)

| Feather Leaf Building | Capacity | Room | Bed | Guest name | Notes (for |
|-----------------------|----------|-------------------|--|------------|------------|
| Ocean House | 3-5 | Bedroom | King King (if shared) Twin bed Twin bed | | |
| | | Living room | Optional: sofa bed | | |
| Dragonfly House | 2-4 | Dragonfly Room 1 | Queen bed 1 Queen bed 1 (if shared) Queen bed 2 Queen bed 2 (if shared) | | |
| | 2-4 | Dragonfly Room 2 | Queen bed 1 Queen bed 1 (if shared) Queen bed 2 Queen bed 2 (if shared) | | |
| | 2-4 | Dragonfly Room 3 | Queen bed 1 Queen bed 1 (if shared) Queen bed 2 Queen bed 2 (if shared) | | |
| Main House | 3-6 | Seaview Suite | King King (if shared) Twin bed Twin bed Twin bed | | |
| | 1-3 | Bay Rum Room (AC) | Queen bed Queen bed (if shared) Twin day bed | | |
| | 1-3 | Saman Room (AC) | Queen bed Queen bed (if shared) Twin day bed | | |
| | 1-3 | Tamarind Room | Queen bed Queen bed (if shared) Optional twin bed | | |
| | 1-3 | Mahogany Room | Queen bed Queen bed (if shared) Optional twin bed | | |

AMENITIES & ACTIVITIES

Lifestyle @ Feather Leaf



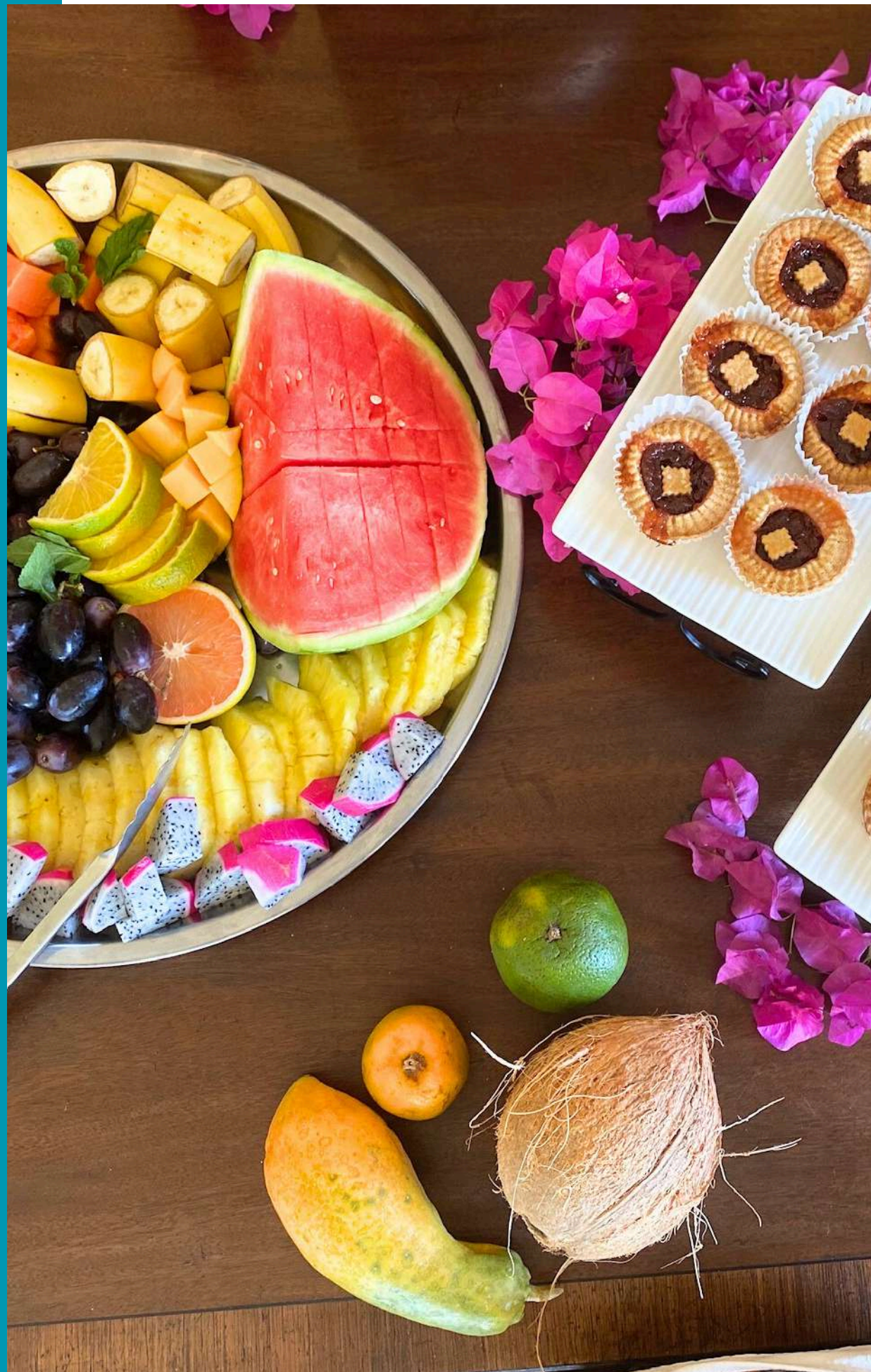
100% plant-based goodness

We're foodies and we love to share! Our in-house chef raises the bar for retreat catering. We love to highlight local, Caribbean cuisine in our international offerings of delicious and healthy food. Following our environmental commitment, we have a plant-based kitchen and as our food forest matures, we'll offer more and more of the foods grown on the 19 acres we steward.

Allergies or health preferences? No problem, we ask in advance so we can best accommodate your group. We often cater for weddings and retreats that are accustomed to a standard American diet, with lots of guest coming from the Midwestern and Southern states. We're proud to share that we get consistently excellent reviews on our food.

"You can really taste the passion and love in the food. I told my group that I felt like my body was getting nourished with every bite!" - Lesley , 2024





Sample Menu

[Click this link to see a full sample menu.](#)
[Here are some of our signature dishes:](#)

Breakfasts

Bagels with carrot lox, granola with homemade yogurt, savory breakfast scramble, pancakes with fruit compote, chai oats with toppings bar, fresh pastries, smoothies, and local fruits

Lunches

Poke bowls with watermelon sashimi, roasted vegetable flatbreads with caramelized onions, chickpea salad with lemon tahini dressing, Caribbean beans, local greens, & plantains, homemade beet burgers w/roasted garlic aioli

Dinners

Caribbean curry, tamarind teriyaki stir-fry, Indian meal with dal, palak, and basmati rice, stuffed sweet potato with black bean chili, lentil Bolognese, Mezze with vibrant salads, homemade spreads, sauces, & dressings



Signature Retreat Experiences

- Plant-based cooking class at Feather Leaf Inn –
 - This class is a ton of fun and very popular. Learn healthy and delicious plant-based cuisine from our Feather Leaf Inn chefs!
- Sunset Sail w/live music
- Property tour highlighting the history and ecology of St Croix

Add-ons

Night snorkeling adventure - \$40/person
Come explore the nocturnal ocean as we look for the animals we don't see during the day. We provide hi-tech underwater flashlights, give a pre-adventure briefing so everyone knows what to expect and then go exploring! We'll briefly turn off our lights to view the bioluminescence.

Natural basket weaving class with Carmen - \$40/person
Learn the meditative art of basket weaving with local wildcrafted materials.

Wellness Add-ons

Massage

Abhangya massage by Laura: This deeply nourishing massage is an energetic practice that uses the five elements to bring balance to body, mind, and spirit.

\$130 - 1hr massage.

Must be scheduled ahead of time, subject to practitioner availability. Minimum of two massages per day.

Yoga

Not a yoga instructor? We collaborate with local instructors to provide a class that enhances your retreat and is tailored for your group.

Yoga class for all levels (60 min.) - \$150 flat rate



What else to book...

Book these separately to complete your retreat offering for guests. Though not included from the Feather Leaf Inn. We want to provide any information we can to help make your retreat fantastic.

- Flights – Arrive to STX, direct flights available from FLL, MIA, SJU, STT, & seasonally (Dec-Apr) from ATL & CLT.
- Transportation – We recommend renting a van from [Centerline Car Rental](#) or organizing group taxis ahead of time.
- Alcohol - Local beer is available for purchase in our honor bar for \$5 each. Red and white wine are available for purchase for \$35 per bottle.
- Additional excursions in Frederiksted (10 minute drive)
 - Scuba diving—Operators: [Nep2unes](#), [Crucian Adventure Divers](#), [Cane Bay Dive Shop](#)
 - Sunset sail with live music (available Nov-July): [Lyric Sails](#)
 - Historic town tour with local guides: [CHANT](#)
- Additional excursions across the island (45 minute drive)
 - Salt River Bay Bioluminescent Kayak Tour: [See Through Kayaks](#), [Bush Tribe](#)
 - Half day tour to Buck Island: [Big Beards](#) or [Caribbean Sea Adventures](#)
 - Guided hike to the tidepools: [Bush Tribe](#)



[Click here to explore an interactive map of recommended adventures on the island.](#)

Sample Itinerary.

Build your own adventure! With all meals catered between activities, here's what a retreat at Feather Leaf could look like:

Day 1: *Welcome*

Check-in & get settled, welcome dinner, welcome circle

Day 2: *Meet the Sea*

Retreat orientation, property tour, morning class, beach time & snorkeling, bioluminescent bay kayak tour

Day 3: *See the Mountains*

Morning class, Lighthouse hike with picnic lunch, free time, evening class

Day 4: *History and Ecology*

Morning class, cultural tour in Frederiksted, picnic at Cane Bay, tide pools hike

Day 5: *See the Island*

Drive to Pt. Udall, shop in Christiansted, massages at Feather Leaf, night snorkeling w/Ryan

Day 6: *Make it Your Own*

Morning class, free time: add-ons or excursions, sunset sail w/live music, closing circle

Day 7: *Take the Transformation with You*

Breakfast, morning class, check-out, departures





James



I felt like the logistical aspects of hosting a retreat were fully taken care of by competent, inspiring, caring people who were happy to go the extra mile.

Evan



I love the plant-based food, and people from our retreat groups would say the same! Also, I love how there are so many nooks to sit back and relax, surrounded by plant life - it's pure heaven all around!

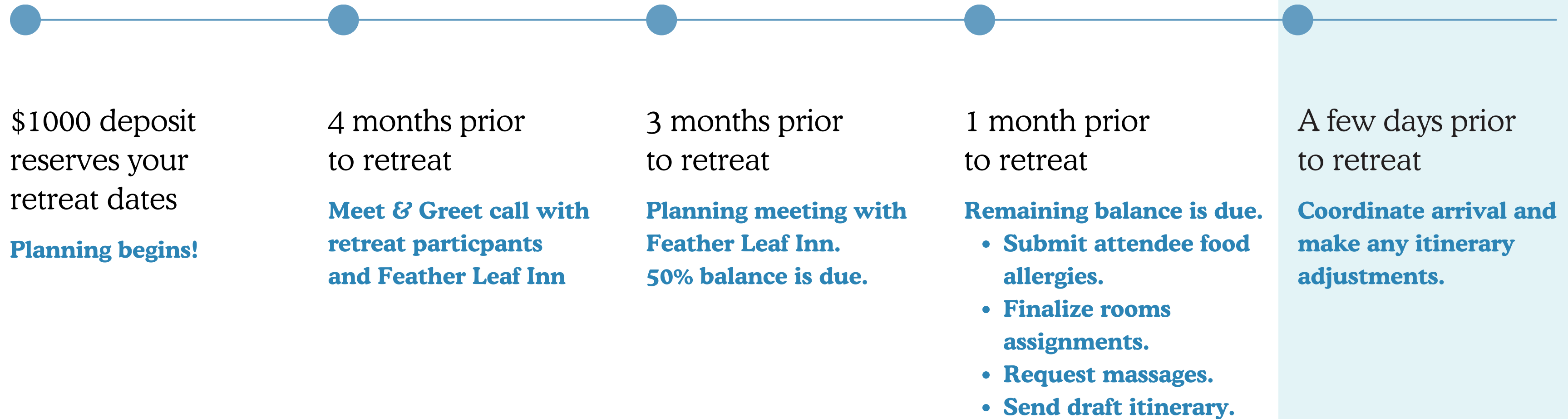
RETREAT LEADER

Testimonials



Timeline

Retreat Planning



\$1000 deposit reserves your retreat dates

Planning begins!

4 months prior to retreat

Meet & Greet call with retreat participants and Feather Leaf Inn

3 months prior to retreat

Planning meeting with Feather Leaf Inn. 50% balance is due.

1 month prior to retreat

Remaining balance is due.

- **Submit attendee food allergies.**
- **Finalize rooms assignments.**
- **Request massages.**
- **Send draft itinerary.**

A few days prior to retreat

Coordinate arrival and make any itinerary adjustments.

Frequently Asked Questions

Q: Do I need to rent a van for my group?

A: Most hosts prefer to rent a van for the length of their stay. It's very nice to have a vehicle to go to the beach, on hikes, and to see more of the island. A van allows for a more flexible schedule, because to ensure taxi service you'll need to book ahead of time. However, retreats can be designed so that guests can walk or bike to the beach, and you can hire a taxi on the one or two days when you need one.

Q: How is the food?

A: Excellent! Meal times are an opportunity to come together and to celebrate. Our food service has received high praise from retreat participants. We provide delicious and healthy options to keep your retreat guests happy and energized. Even those who were accustomed to a standard American steak-and-potatoes diet have felt well-fed and were pleasantly surprised to be looking forward to meal times every day. We also have a guest kitchen where guests may prepare their own food.

Q: Do visitors need a passport to come to the US Virgin Islands?

A: US Citizens do not need a passport.

Frequently Asked Questions Cont.

Q: What seasonal island events should I know about?

A: The first week of January is Carnival on St Croix. The Agricultural Fair is in February, the Mango Melee Festival is in July, and the Coconut Festival is in December. These are fun cultural events with local music, food, and crafts on sale.

St. Croix is home to a number of ocean swimming competitions, running and bicycle races, as well as community beach clean-ups, and more.

Emancipation Day is commemorated on July 3rd with a 16-mile walk across the island followed by cultural events. Tart Wars is a playful community event featuring local guava, pineapple, and coconut tarts.

Q: Should I use a single price for my retreat or vary pricing by room type?

A: We suggest creating separate pricing for single, double, and triple occupancy. It's important to convey that each room is unique. We recommend that participants who sleep in twin beds or share a king or queen bed pay less than participants who have their own bed.

Q: What if someone in my group has limited mobility?

A: We recommend that guests with limited mobility stay in rooms in the Main House to be close to the communal spaces, pool, and dining areas. The property is on a hillside and there are steps between buildings.



Ready to Book?

Fill out this form with information about your retreat, and we'll get back to you with next steps, including submitting a \$1000 deposit that secures your retreat dates.

Contact info@featherleafinn.com if you have any questions.

We're looking forward to collaborating from you!



Owners
Feather Leaf Inn

Corina + Ryan

FEATHER LEAF INN



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